

Reservoir Leisure Centre



Welcome to Reservoir Leisure Centre,
one of Melbourne's premier leisure facilities.
We are proudly owned by the City of Darebin and
offer our members a modern and exciting facility.



Health Club



Our gym facilities include over 30 pieces of cardio equipment with cardio theatre and a free weights gym area.

Qualified fitness consultants are on duty at all times.



Group Fitness Classes



With more than 60 classes running each week,
there's sure to be something for everyone
from the Les Mills Programs,
Group Cycling to Aqua Classes.



'Cry Baby' Group Fitness Classes



We provide BODYVIVE classes where Mum can bring their bubs, up to crawling age. A coffee and social chat after the class is just what new Mums need.



Staying Active



A membership focused on keeping people over 60 active for life. It includes access to all our facilities and Group Fitness Classes including the very popular Arthritis classes in our hydrotherapy pool.



RESERVOIR
LEISURE



Living Longer Living Stronger



Catering for the over 60's, we provide a strength training program for older people, designed to increase strength, balance, flexibility and coordination. This is done in a group setting and provides a social aspect as well.



Outdoor Programs



Outdoors or Indoors, we are not constrained by our four walls.
Our RESULTS membership includes outdoor boot camp style classes that challenge even the toughest!
We also run 'Free Exercise in the Parks', which anyone can join.



MS CALD Mens Group



On Wednesday mornings, watch out in the corridors...
The wheelchair brigade make their way into the gym!
This culturally and linguistically diverse men's group
workout with specialised trainers in the gym
and in a group setting.



Access All Abilities



Program for people with mental health issues, intellectual and physical disabilities or people in the community who just need a little more support.



Year 11 & 12 School Program



Reservoir High School students, as part of their curriculum, use the gym and pool.

We also have memberships for teenagers.



Staff



Our highly skilled and diverse staff are trained to provide professional and attentive care to all our customers. Whenever you walk into the centre, you will be sure to be greeted by a smiling face. That is the beginning of what we endeavour to be a positive and rewarding visit.

