



British food

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- “On the Continent people have good food; in England people have good table manners.”

George Mikes, humourist and Hungarian emigre to Britain

- “You cannot trust people who have such bad cuisine. It is the country [Great Britain] with the worst food after Finland.”

French President Jacques Chirac in a remark on the eve of the G8 summit in 2005

Jamie Oliver's School dinners

- *"More should be done to spread the message that eating a healthy school meal is a great foundation for a kid's education and future health"*



What British people eat?

Only some generalisations

- ‘fry up’
- sandwiches with anything in between
- toast is a must
- eggs (soft-boiled or hard-boiled)
- cakes, pastry dishes
- cheese rather than ‘cold meats’
- sweet dish (‘pudding, ‘sweet’, ‘dessert’)
- Sweets
- crisps



TV chefs



Eating out

- ‘Ethnic cuisine’ – Indian, Italian, Chinese, kebab outlets
- ‘greasy spoon’ - a small café that serves cheap greasy food
- ‘fish and chip shop’ – takeaway food
- ‘tea rooms’ – waitress service, snacks, tea



When people eat what:meals

- Breakfast (cereal, toast, marmalade)
- Elevenses (coffee/tea and biscuits)
- Lunch (1 pm)
- Tea (6 pm)
- Supper (evening meal)
- Dinner



Pubs

- British pub is unique
- Place for socialising
- ‘the local’
- Menu has changed
- ‘home from home’
- Distinctive names

*King's Arms, the Bull,
The Half Moon,
Lamb & Flag,
Faulkner & Child, D*





- 1 pint No change to your English
- 2 pints Your English goes up a level
- 3 “Your English goes up a level (but the grammar disappears)
- 4 “You become very fluent, but start mixing English with your own language
- 5 “You discover you can sing in English, and are brilliant at karaoke
- 6 “You suddenly know lots of taboo words in English (fortunately, no-one else seems to understand them)
- 7 “You can’t speak English at all (and also forget your own language)
- Over 7 (Danger

Toad-in-the-hole



Bubble and squeak



Bangers and mash



Ploughman's Lunch



Sheperd's Pie



Spotted dick



Marmite – you either love it or hate it



- Marmite is a nutritious, black, tasty, savoury spread enjoyable on toast or bread or even as a cooking ingredient.
- It is a sticky, dark brown paste with a distinctive, powerful flavour, which is extremely salty, made of yeast extract

