

### What's an idiom?

- a word or phrase used in colloquial, conversational language
- the meaning of the individual words do not usually match the actually meaning of the phrase
- Example: It's raining cats and dogs outside!
- Meaning: It's raining a lot outside. Obviously, it's not literally raining cats and dogs.



### How to use idioms

- oidioms are used in conversational, informal English
- ∘ if you use them on the IETLS or TOEFL test, it's best to use them in the speaking section
- it's very important to use them correctly





### over the moon



Meaning: to be really happy about something

#### Examples:

I was over the moon when I found out I got an 8 on IELTS!

Jake loved his surprise birthday party. He was over the moon when he found out!

### under the weather

Meaning: to feel sick

#### Examples:

I don't think I'm going to come to school today because I'm feeling a little under the weather.

Jenny is feeling a bit under the weather. She thinks she has the flu.



# down in the dumps



Meaning: to feel sad about something

#### Examples:

Sarah's boyfriend just broke up with her, so she's been down in the dumps for a few days.

Are you doing OK? You look a little down in the dumps.



## to have butterflies (in your stomach)

Meaning: to be nervous about something

#### Examples:

Josh is so cute. Every time he's around, I get butterflies!

I have my job interview in an hour. I'm so nervous, I have butterflies in my stomach!



### fish out of water



Meaning: someone who is a little weird; someone who doesn't fit in or feel comfortable somewhere

#### Examples:

I really feel like a fish out of water at my new job. I don't have anything in common with my colleagues.

At first, she was a fish out of water at her new school. But soon, she made lots of new friends.

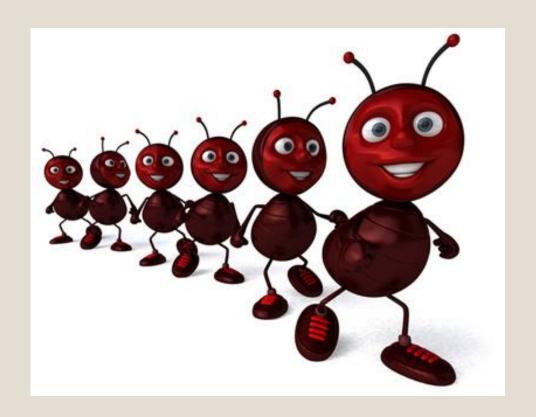
## antsy

Meaning: restless; wanting to move

**Examples:** 

Can we go yet?! I'm really antsy. I want to go!

Whenever I'm sitting in class, I get really bored and antsy, and I just want to go outside!





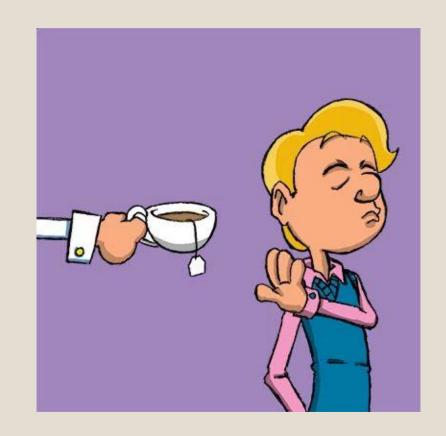
## it's not your cup of tea

Meaning: used when you're talking about something you don't like

#### Examples:

The new Star Wars movie was OK, but it wasn't really my cup of tea.

Michael didn't like that cheese. Dairy products aren't his cup of tea.



## knock your socks off



Meaning: amaze or impress

Examples:

The new Star Wars movie was so good! It'll knock your socks off.

This cheese is so delicious, it'll knock your socks off!

## piece of cake

Meaning: something that is very easy

### Examples:

That test was a piece of cake! I'm sure I got the best grade in the class.

Sure, I can get some milk from the store. Piece of cake!

