

Типичные ошибки

- 1 Сокращения (can't , don't)
- 2 Переизбыток вводных конструкций
- 3 Использование слишком простых односложных конструкций
- 4 неформальная лексика и сленг
- 5 отвлечение от темы
- 6 риторические вопросы, вопросительные и восклицательные предложения
- 7 ошибки, описки, помарки

Some people **think** that extreme sports help to build character.

Sports help people to fight stress.

Sport unites people.

Playing sports is better than watching others do it.

Doing sports is essential for young people.

Children should be encouraged to go in for sports.

Physical attractiveness is important for everyone

Task 33. *Extreme sports are not worth the risk.*

There is no doubt that extreme sports are very popular nowadays. Nevertheless, they are considered rather dangerous and it is quite difficult to understand why people put their lives at risk.

As for me, I can understand why people risk their lives in extreme sports. First of all, they try risky sports because they want to experience new emotions and for them extreme sport is an antidote to our safety-first world. Besides, risky sports enable people to confront their fears and to satisfy their curiosity. Finally, young people want to go beyond the usual limits of a human body and this is really worth risking.

However, parents are often against extreme sports because of the possibility of injury. They are also afraid that young people will become addicted to taking risks and will take their life to extremes.

In fact, many risky sports are even less dangerous than traditional ones. I am sure that improvements in equipment allow the reduction in risk and if you do not take things to the edge, extreme sports are rather safe. In addition, risky sports help people to find new friends who share the same passion. In my opinion, it is much better than drug addiction.

To sum up, I strongly believe that extreme sports are as beneficial as traditional ones. They offer the opportunity to carve your own path and find out where your limits lie. Although I am not a risk taker, I still think that extreme sports are worth the risk.

Task 32. *People can do without sport.*

In one way or another, everyone is involved in sport. It is one of those things that make our lives really worth living. Although a lot of people seem to be interested in sport, not all of them consider it beneficial.

Nevertheless, some people argue that sport is not useful because it takes a lot of energy and time. Besides, they consider sport rather dangerous claiming that people often have serious injuries.

To sum up, I would argue that sport is essential for people's health and we cannot survive without it. However, it is not necessary to become a professional sportsman. If you go in for sports just to stay in good shape or to relax, then, I am sure, sport is definitely useful.

As far as I am concerned, we cannot do without sport as it allows us to keep fit and to stay healthy. Among the benefits of regular exercise are a healthier heart, weight control and less susceptibility to illnesses. In addition, sport helps us to overcome difficulties and gives a chance to acquire self-confidence. What is more, sport makes us more organized and better disciplined in our daily activities.

Personally, I cannot agree with this point of view because not all sports are equally exhausting and if you are not a professional sportsman, it will not take up much of your time. Moreover, improvements in equipment allow the reduction in risk and if you do not take things to the edge, sports activities are rather safe.

Choose one of the topics and write your own essay.

- Some people think that extreme sports help to build character.
- Doing sports is essential for young people.