Martial Arts

What Martial Arts Do you know?









<u>The topic</u>: "Martial Arts " <u>The purpose</u>: "To know more about Asian Martial Arts"

Step 1:Read and translate new words Step 2:Read and translate presentation Step 3:Read and translate the test Step4:Listen and check test's answers Step 5:Conclusion

Martial Arts Quiz

- 🛛 Sumo |ˈsuːməʊ|
- ם Aikido |∧ז'kiːdəʊ|
- 🛛 Karate |kəˈrɑːti|
- 🛛 Kung fu [kuŋfu]
- 🛛 Tai chi
- Ju-jitsu |dʒjuːˈdʒɪtsuː|
- Ninjutsu [nɪn'dʒʌtsu:]
- Taekwondo ['taikwon'dəu].

Martial Arts Quiz

Punch – удар кулаком Kick – удар ногой Fist - кулак Lock – захват Hold - удерживание Throw – бросок Tripping – подножка Stance – стойка, поза, положение Improve – улучшать Mental strength - умственная сила Self-defence – самооборона To push-толкать Weapon-оружие



sumo 🎾

Sumo is a traditional Japanese sport in which two very large men try to push each other out of a circle .



aikido 🚧

Aikido is a Japanese martial art .Although it is most widely known as a martial art or system of self-defense, aikido is also a profound spiritual training.



karate»

Karate is a synthesis of Okinawa fighting methods and southern Chinese martial arts.



Kung fu is one of Chinese martial arts designed to refine the body and the mind.



Tai-Chi is a Chinese martial art. It consists of a series of slow movements which you must do very carefully and exactly.



ju-jitsu is a <u>Japanese</u> <u>martial art</u> in which one uses no weapon or only a short weapon.



Taekwondo





NINJUTSU ² Ninjutsu is the traditional Japanese technique of spy.